

Beet Salad with Lemon Vinaigrette

Serves 8

Ingredients

2 heads of romaine lettuce washed and torn into pieces

3 beets baked, skin removed

½ red onion sliced thin into half circles

4 oz. blue cheese crumbled

½ cup sliced almonds toasted

Dressing

½ cup extra virgin olive oil

Juice from 1 lemon

1 tsp. balsamic vinegar

½ tsp. salt

1 tbsp. Dijon mustard

Preparation

Place torn lettuce over serving platter. Slice beets and halve slices and place on lettuce. Add sliced onion over salad and scatter with almonds and blue cheese.

Mix dressing ingredients until emulsified and pour over salad and serve.