

Eggnog Frappe´ (makes 2 serving)

Ingredients

1 cup ice cubes

1 cup eggnog

¼ tsp. cinnamon

1 ½ oz. dark rum or bourbon (optional)

dash of nutmeg for garnish

Preparation

Place ice cubes, eggnog, cinnamon and rum or bourbon in blender pitcher. Blend until ice is crushed and mixed well. Pour into glasses and garnish with nutmeg.