

Johnny Cake with Ham and Green Onion

Ingredients

1 8 ½ oz. box of Corn Muffin Mix
½ tsp. cayenne pepper
¾ cup buttermilk
1 egg beaten
1 cup chopped ham
4 green onions, white and green parts chopped fine
Maple Syrup for serving

Preparation

Pre heat oven to 400° prepare 8" square baking pan with butter.

In mixing bowl place corn muffin mix and cayenne pepper. Whisk together to combine. Add beaten egg, buttermilk, ham and chopped onions. Stir ingredients together and let rest for a few minutes. Stir and add batter to prepared pan. Bake in oven for 20-30 minutes, edges will be golden brown. Remove from oven and let rest for 5 minutes before slicing.

Slice into 2" squares and serve with warm maple syrup.

*You may also heat griddle pan with melted butter and ladle 1/8 cup of batter pancake style and cook for 2 minutes each side.