



All Great Meals Begin With  
**Rulli Bros.**  
M A R K E T S

## Casey's Honey Spice Steak

### Ingredients

- 1/3 cup honey
- 1/3 cup lime juice
- 3 tblsp. canola oil
- 3 tblsp. yellow mustard
- 6 garlic cloves minced
- Grated lime peel from 1 lime
- 1 jalapeño pepper deseeded and sliced thin
- ½ tsp. cayenne pepper
- ½ tsp. salt.
- ½ tsp. black pepper
- ¼ cup chopped cilantro
- 1 ½ - 2 lb. lean top steak or London broil

### Preparation

Combine all ingredients except for meat into bowl and whisk together. Pound steak and pierce with fork. Add marinade and steak in resealable bag and combine thoroughly. Place in refrigerator and let marinate at least 4 hours, ideally overnight.

Cook over medium high heat using grill pan, outside grill or broiler, cook meat 3-5 minutes per side for medium rare, more for desired temperature. Slice thinly against grain. Squirt with lime wedges before serving.



**For more information please visit - [CaseyMaloneShow.com](http://CaseyMaloneShow.com)**