



Pup Cakes

Ingredients

- 1 large apple, peeled, cored and shredded
- 1 ½ cups wheat flour
- 1/4 cup oatmeal
- 2 tsp. baking powder
- ½ tsp. baking soda
- ½ cup plain yogurt (or we can use vanilla again if you want)
- ½ cup water
- ¼ cup vegetable oil
- 2 tblsp. Honey
- 2 eggs
- 1 cup shredded cheddar cheese

Preparation

Preheat oven to 400.

Grease mini muffin tins

In a large mixing bowl, combine flour, oatmeal, baking powder and soda. Set aside. In another bowl, mix yogurt, water, oil, honey and eggs mix thoroughly, and then add apple and cheese to mixture. Add moist mixture to dry ingredients and mix well. Spoon into tins. Bake about 20 min or until done. Let cool so your puppy doesn't burn his mouth

Frosting (optional)

- 8 oz. lowfat Cream Cheese
- 2 tblsp. yogurt
- 2 tblsp. honey
- 2 -3 tblsp. flour

Bring Cream Cheese to room temperature. Mix with yogurt and honey. Add just enough flour to thicken and bring to frosting consistency. Spread evenly on muffins.



For more information please visit - CaseyMaloneShow.com