



All Great Meals Begin With
Rulli Bros.
M A R K E T S

Casey's Yogurt Caesar Salad

Ingredients

2 heads of Romaine hearts washed and torn
1 -6 oz. carton Greek yogurt
1 tsp. anchovy paste
¼ cup extra virgin olive oil
1 tblsp. Cider vinegar
2 tsp. Worcestershire Sauce
3 cloves minced garlic
Juice from 1 lemon
1 tsp. Tabasco Sauce
A few grinds of fresh ground black pepper
1 tsp. salt
½ cup Romano Cheese
Sunflower seeds

Preparation

Combine all ingredients except, lettuce, cheese and sunflower seeds in bowl and whisk thoroughly.

In salad bowl, place torn lettuce, pour half of dressing over lettuce and toss.

Place unused dressing in jar or container and refrigerate for use later.

Add ¼ cup of cheese, toss again.

Garnish with ¼ cup of cheese and sunflower seeds and serve.



For more information please visit - CaseyMaloneShow.com